

# Shining Achievers

## Sowing Fun in P.E. and Life Studies

First grades are having lots of fun learning in English even after Golden Week. They are very excited to see the Morning Glories grow in Life Studies. In P.E., we are in a regular routine of stretching our bodies before exercise and playing together. In both subjects the students are having a load of fun!

In Life Studies the students first learned the parts of the plants and what plants need. Then they planted their Morning Glories; put the soil in, put the seeds in, fertilized the plant, and watered. Everyday the students are excited to see how big their flowers grow. We are happy to see how kids really take care of their plants.

In P.E. we have been running to our hearts' content and haven't missed a beat! We have been able to make groups using hula hoops of various sizes and moving to the beat of the drum. We have also learned how to zig-zag between cones and jump hurdles! Most important of all is that everyone enjoyed P.E. safely :-). As time goes on, we will be able to enjoy many new games and activities.