

Mr. Sam's school hacks

Here are some tips to make your life at school easier. Before you say these ideas are boring, just try them. You might be surprised!!

■ The Clean Desk/Locker Trick

I HATE cleaning. Seriously. That's why I put things away the second I'm done with them. If you let junk pile up, cleaning becomes a massive, exhausting chore. If you clean as you go, it takes ten seconds, your stuff stays organized, and you never have to do a "deep clean" again.

■ Protect Your Brain (Sleep!)

Sleep doesn't just help you grow tall and strong, it also reboots your brain. If you lack sleep, your brain works in slow motion. It becomes harder to focus, and it actually stops memorizing what you learn. Want easier classes? Sleep more.

■ Do 100% of the Work at School

When I was your age, I hated missing out on hanging with friends because I was stuck doing homework at home. My fix? Do the work AT school. Use every free minute in class or breaks. Do it now, so you can totally relax later.

■ The "Apple a Day" Study Method

You know the idiom: "An apple a day keeps the doctor away." The same goes for studying. Reviewing your notes for just 5 minutes every day is way better than cramming the night before a test. Your brain needs time and sleep to actually lock information in.



Focused on task

During the first quarter, many students worked very hard and studied outside of class. I hope this will continue in the second quarter!



English Project

Students are writing their scripts and are having a lot of fun. Practice and filming will start next week! Hopefully, we can finish everything in time for the English presentation.



Creative class

More students have started to experiment with the machinery in the Makers Space. I can't wait to see what they will come up with!
*** Supervised by a professional of course! ***